

Kate Hawke

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PROFESSIONAL SUMMARY

Trauma therapist, educator, and psychedelic science pioneer with 40+ years in mental health and education. Extensive background in therapeutic methods, training mental health professionals, event organization, and nonprofit leadership. Committed to integrative healing that draws on traditional wisdom, spiritual exploration, and science-based modalities. Currently focused on death, dying, and expanded states of consciousness, and psychedelic elderhood. Contributing to the New Mexico Medical Psilocybin Act regulatory process for end-of-life care, addictions, and trauma, and to expanding legal access in Colorado and New Mexico. Co-facilitating group experiences worldwide.

CURRENT WORK

Regulatory Committee Member | New Mexico Medical Psilocybin Act 1/2026–present

- Serving on eight committees, with a focus on End of Life Care

Convener | Santa Fe Psychedelic Society 9/2025–present

Founder | Psychedelic Seniors Society 10/2026–present

Psychedelic-Assisted Therapy Facilitator & Educator 2019–present

- Ketamine-assisted psychotherapy provider and trainer (2019–present)
- Psychedelic-assisted therapy and integration of altered states
- Launched Flagstaff Psychedelic Society (2020). Psychedelic Salon (2019)
- Psilocybin ceremony participation and retreat co-facilitation, Ceremonia, Arvada, CO (2024)
- Conference presenter on psychedelics (2019–2025), including Arizona Plant Medicine Conference (2019) and International Energy Psychology Conferences (2023, 2025)

Psychedelic Harm Reduction 2003–2026

- Harm reduction at Burning Man, pre-Zendo (2003–2012)
- Led teams for Firefly Festival, Arizona Burning Man Decompressions, and Take3 events
- Telluride Mushroom Festival Integration Lounge

EARLIER PROFESSIONAL EXPERIENCE

Director | Trauma Transformation Network (TTN), Flagstaff, AZ 1991–2024

- Trauma therapy for individuals and groups
- Professional trainings in the US, Canada, and UK
- Trauma & Transformation workshops and Power Therapies conferences (1995-1998)
- Founded International Energy Psychology conferences (1999–2000)

Owner/Operator | Gateway Ranch Retreat Center, Flagstaff, AZ 1990–2022

- Founded and operated a solar-powered, off-grid retreat and event site
- Hosted gatherings of up to 500.
- Annual Arizona Burning Man Decompressions (2002–2011)

Co-Founder & Treasurer | Painted Desert Demonstration Projects, Inc. 1992–2017

- 501(c)3 nonprofit supporting Navajo community development

Co-Founder | STAR School Founded 2001, still operating

- First off-grid, solar-powered school in the U.S., serving PreK–8th grade Navajo students
- National Green School Award

Director Native American Trauma Project	1996–2001
<ul style="list-style-type: none"> Advanced therapeutic approaches to trauma with a focus on suicide, grief, veterans, Native Americans, and historical and ancestral trauma 	
Director Traumatic Incident Reduction Association	1997–1998
President Arizona Counselors Association	1996–1997
President Arizona Mental Health Counselors Association	1995–1996
Native Youth Teams Project Western Navajo Agency	1988–1993
<ul style="list-style-type: none"> Developed substance abuse prevention program and led youth leaders retreats in Navajo Nation schools, using a team-building and life-skills approach 	
Counselor & Staff Trainer Leupp Schools Inc.	1987–1989
<ul style="list-style-type: none"> Navajo community-controlled boarding school 	

WRITING

- Doctoral dissertation: *Death, Dying, and Expanded States of Consciousness* (completion 2026)
- Book in process on psychedelics and end-of-life care
- *Book of Kismet* (bookofkismet.com)
- Substack essays (katehawke.substack.com)

EDUCATION & CERTIFICATION

- Doctoral Candidate, Ubiquity University (completion 2026)
- M.A. in Counseling, Northern Arizona University (1987)
- Certified Trauma Specialist, Association of Traumatic Stress Studies (1992)
- Traumatic Incident Reduction (TIR), all levels; trainer of professionals in TIR
- EMDR Levels I & II (1996)
- Energy Psychology: EFT, TFT, TAT and others (since 1995)
- 30+ years of continuing trauma education
- Personal mentoring with Zivorad Slavinski, Belgrade (2017)

PSYCHEDELIC EDUCATION HIGHLIGHTS

- MAPS Zendo training, 5 years
- MDMA-Assisted Psychotherapy: MAPS online training and 5-day retreat (2019)
- Acceptance and Commitment Therapy (ACT) + Psilocybin Group Retreat, Netherlands (2019)
- Ketamine-Assisted Psychotherapy: professional training (2020); Polaris Institute (2021–2022)
- *LSD and the Mind of the Universe*, Christopher Bache (2024)
- Attended every MAPS Psychedelic Science conference since 2011
- Ongoing education through conferences, workshops, podcasts, and a personal research library

PERSONAL EXPERIENCE WITH EXPANDED STATES

- Psychedelic exploration since 1971
- Helped Rick Doblin build the Arcturus House, Sarasota, FL (1975–1976)
- MDMA at Esalen (1985, while still legal)
- Ayahuasca ceremonies in Brazil, Peru, and U.S. (2002–2021)
- Periodic KAP sessions: sublingual, IM, IV (2018–2024)
- Legal psilocybin mushroom ceremonies, Netherlands and Colorado (2019–2024)
- Iboga ceremonies, South Africa (2025)

KEY SKILLS

- Trauma therapy and mental health counseling
- Psychedelic-assisted therapy and retreat facilitation
- Harm reduction and peer support
- Energy psychology methods for trauma, anxiety, addiction, and pain
- Indigenous and cross-cultural collaboration
- Nonprofit and community development
- Conferences, event planning, and professional trainings
- Development of techniques of transformation: metapsychology and "spiritual technologies"

INTERESTS FOR 2026 AND BEYOND

- Psychedelic Seniors Society
- Santa Fe Psychedelic Society
- Quality, accessible psychedelic-assisted therapy: collaboration, consultation, mentoring
- New Mexico Medical Psilocybin regulation and system development, including Circle of Care
- Designing and co-leading transformational retreats, workshops, and gatherings
- Research on techniques, practices, tools, medicines, and community engagement for individual and collective healing
- Writing: books, websites, online media
- Speaking: podcasts, conferences, summits, other events
- Building communities for elders, children, and all ages
- Exploring expanded states of consciousness, with and without psychedelics